



Do you have physical disabilities or functional limitations related to Chiari Malformation Type 1?

If so, this study might be for you.

Study for adults with physical disabilities or functional limitations:

We're looking for adults who struggle with one or more aspects of daily living to gain a better understanding of the physical disabilities and functional limitations associated with Chiari Type 1.

Participants will be asked to:

- Participate in a recorded, virtual physical evaluation with a trained research team member that may include assessments of upper and lower body strength and range of motion, mobility, balance, and gait (60 minutes).
- Optional- Complete an on-line survey about your experience with Chiari (45 minutes)

Location:

- The virtual assessment will occur in your home or place you choose via Zoom or similar platform.

Are you eligible?

- 18 years or older
- MRI and physician confirmed diagnosis of symptomatic Chiari Type 1
- No history of Ehlers-Danlos Syndrome
- No history of spinal fusion or stabilization surgery
- No recent surgery from which you are still recovering
- No planned Chiari surgery in the next six months
- Previous Chiari surgery is OK if longer than 6 months ago
- Must have another adult present in case of injury or to help record the session

Participants will receive:

- \$50 in the form of a Visa gift card

If you would like to participate or have questions, please contact
[**ChiariPhysical@gmail.com**](mailto:ChiariPhysical@gmail.com)