



From The Chiari1000: Tonsillar Size & Symptom Severity/Outcome

The idea that tonsillar size is NOT strongly related to symptom severity or outcome was clearly demonstrated by a 2020 study from the CCRC using Chiari1000 data. Specifically, over 200 adult female CM patients were divided into two groups: those with tonsillar position between 1-3mm and those with tonsillar position of 6mm or more. The researchers then compared the two groups across a large number of self-reported clinical parameters including: common CM related symptoms, symptom severity, the presence of related conditions, surgical rates, surgical outcomes, and a number of neuropsychological scales such as depression, stress, anxiety, immediate and delayed memory, and others. They found no significant differences between the two groups for any of the measures.

Source: Conquer Chiari: A Patient's Guide to the Chiari Malformation, 2nd Edition – page 44