SEPTEMBER IS CHIARI AWARENESS MONTH

Chiari 1000 Project

From the Chiari 1000 Project: Brain wave testing has revealed that symptomatic adult Chiari patients show signs of hypervigilance. Hypervigilance is an enhanced state of sensory sensitivity and exaggerated behaviors related to threat assessment and response (heart rate, sweating, for example). Associated with anxiety, hypervigilance can have a negative impact on the immune system and the digestive system.

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